



Worksop Leisure Centre

S81 7EN



## **BASSETLAW SWIM SQUAD'S INVITATIONAL DUEL IN THE POOL**

**16<sup>TH</sup> / 17<sup>TH</sup> JULY 2022**

**LEVEL 4 LICENSE NO.: (LICENSE APPLIED FOR)**



## **BSS's Invitational Duel in the Pool**

**Level 4 License Number: (License applied for)**

**Saturday 16<sup>th</sup>, Sunday 17<sup>th</sup> July**

Under Swim England Regulations & Technical Rules  
Affiliated to Swim England East Midland Region

Venue: Worksop Leisure Centre, S81 7EN

Pool: 6 Lane, 25m Pool, Electronic Timing, Wedge Blocks, Backstroke ledges

Age Groups: 9/10, 11, 12, 13, 14, 15, 16, 17 and Over

Age on day (as at 17<sup>th</sup> July 2022)

Prizes: Prizes available for COMPETING CLUB teams.

Events: 50m 100m and 200m all strokes, 400m Freestyle and 200m & 400m IM.

All events will be HDW

Fees: Race Entry Fee: £5.00 per event

Spectator Entry £3.00 per session, £5 both sessions (+admin fee via Eventbrite)

Entries to: [headcoach@bassetlawswimsquad.org.uk](mailto:headcoach@bassetlawswimsquad.org.uk) or BSS Open Meet, c/o Bassetlaw Swim Squad, Retford Leisure Centre, Old Hall drive, Retford, DN22 7EA

Closing Date: 12.00 noon, Friday 8<sup>th</sup> July 2022. Entries may close early if the meet is full operating on a First come, first served basis, limited by time available.

Enquiries can be emailed to [headcoach@bassetlawswimsquad.org.uk](mailto:headcoach@bassetlawswimsquad.org.uk)

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### Meet Programme

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#### Session 1 – Saturday 16<sup>th</sup> July

Warm Up 2.30pm. Start 3.30pm

Event 101	Female	400m FR
Event 102	Male	100m Freestyle
Event 103	Female	200m Breaststroke

10 minute comfort break & swim down

Event 104	Male	200m Breaststroke
Event 105	Female	200m IM
Event 106	Male	100m Butterfly

10 minute comfort break & swim down

Event 107	Female	200m Backstroke
Event 108	Male	200m Backstroke
Event 109	Female	100m Freestyle
Event 110	Male	400m Freestyle

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#### Session 2 – Sunday 17<sup>th</sup> July

Warm Up 8.00am. Start 9.00pm (aim for no more than 2.5hrs)

Event 201	Female	50m Butterfly
Event 202	Male	50m Butterfly
Event 203	Female	200m Freestyle
Event 204	Male	200 IM

10 minute comfort break & swim down

Event 205	Female	100m Backstroke
Event 206	Male	100m Backstroke
Event 207	Female	100m Breaststroke
Event 208	Male	200m Freestyle

10 minute comfort break & swim down

Event 209	Female	400 IM
Event 210	Male	400 IM

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#### Session 3 – Sunday 17<sup>th</sup> July

Warm Up 12.00pm. Start 1.00pm (no more than 2hrs)

Event 301	Female	200m Butterfly
Event 302	Male	50m Breaststroke
Event 303	Female	50m Backstroke
Event 304	Male	200m Butterfly

10 minute comfort break & swim down

Event 305	Female	50m Freestyle
Event 306	Male	50m Freestyle
Event 307	Female	50m Breaststroke
Event 308	Male	50m Backstroke

10 minute comfort break & swim down

Event 309	Female	100m Butterfly
Event 310	Male	100m Breaststroke

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**Meet Rules and Information**

**Length of Pool**

The pool is 25m long and six lanes, anti-turbulence wave lane ropes will be used. Electronic time keeping, wedge blocks and backstroke ledges will be used.

**Entry Procedure**

Entry should be made by submitting the SportsSystems file available on: [www.bassetlawswimsquad.org.uk](http://www.bassetlawswimsquad.org.uk)  
In the event of the meet being oversubscribed, entries will be accepted on a first come, first served basis and where time allows.

Age on day (as at 17<sup>th</sup> July 2022)

Entry forms are available on our website and should be returned to:  
[headcoach@bassetlawswimsquad.org.uk](mailto:headcoach@bassetlawswimsquad.org.uk) or posted to Bassetlaw Swim Squad, Retford Leisure Centre, Old Hall drive, Retford, DN22 7EA

**Entry Fee**

£5.00 per event.

**CLOSING DATE FOR ENTRIES: 12noon Friday 8<sup>th</sup> July 2022**

After closing date for entries, confirmed entries will also be posted on the BSS website within 7 days.

Entry fees should be paid by BACs payments:

Bassetlaw Swim Squad, Sort Code: 60-17-28. Account Number: 90257596 Reference: BSS22INV

Cheques can be accepted: made payable to Bassetlaw Swim Squad and sent to Bassetlaw Swim Squad, Retford Leisure Centre, Old Hall drive, Retford, DN22 7EA

Competitors must be registered swimmers.

No entries will be accepted without the appropriate entry fee; submitted time; Swim England registration

**Entry Times**

Entry times should be either Short Course or converted Long Course times.

All events will be seeded on submitted times. Coach time trials will be accepted.

**Awards**

Prizes available for COMPETING CLUB teams.

**Officials**

Refreshments will be provided throughout the meet along with sandwiches on Friday night and lunch on Saturday & Sunday.

### **Coach / Poolside Application**

Coach / Poolside passes will be given to team coaches and team managers with appropriate qualifications, DBS and safeguarding.

DBS Numbers should be submitted with the application.

Please note only swimmers and persons with a poolside pass will be allowed on poolside. If clubs wish to have team managers on poolside they will be required to have a poolside pass. Please note there will be no exceptions.

### **Meet Results**

Meet results will be posted on the BSS website within 48 hours of the Meet closing. Results will be passed to Swim England for their reference and inclusion in rankings. We will also be running a live results service throughout the meet.

### **Car Parking**

Limited car parking is available at the leisure centre for free.

### **Spectators**

Entry £3.00 per session, or £5 all weekend (+admin fee via eventbrite)

For the safety and welfare of all swimmers spectators and parents are NOT allowed poolside or in the changing rooms during the meet.

### **Refreshments**

There are vending machines available at the leisure centre and a café located 0.2 miles away. There will be refreshments provided for persons with a poolside pass.

### **Health and Safety**

No outdoors shoes to be worn on the poolside. Swimmers are asked to ensure they wear appropriate footwear and clothing when on the balcony or reception area.

If you are unable to execute a competent racing dive do not use the starting blocks at any time during this swim Meet. A competent racing dive is defined as in the Swim England Competitive start award; each swimmer is required to hold one of these. It is the Coach and/or Team Managers responsibility to ensure that this is the case for all swimmers intending to execute a racing dive. No swimmer should topple into the water in the event of a false start - a proper shallow dive must be performed.

It is the responsibility of the swimmer and/or parent to declare to the referee any disability or medical condition that could present a health or safety risk. If such a disability or medical condition exists swimmers must produce a medical certificate confirming that their participation presents no health or safety problems.

There will not be a secondary strobe for the start.

### **Data Protection**

Entries and results for this Meet will be held on computer. As required by the Data Protection Act 1998, submission of entries implies consent to the holding of personal information on computer. These details may be made public before, during or after the Meet.

### **Camera Use**

The use of mobile phones for taking photographs in the changing area is strictly forbidden. Any person found to be taking photos in these areas will be asked to leave the building and will take no further part in the

competition. The club also reserves the right to take further action against anybody breaking this rule. Coaches and/or team managers may film races from poolside for use when feeding back to swimmers; these persons will have to submit their DBS number when applying for a pass. Filming from the spectator gallery is permitted. If you do not wish to be photographed, please let the organisers know prior to the start of the session.

### **General**

Any point not covered by these rules will be at the discretion of the Meet Promoter. Depending upon the situation, the Meet Promoter or Referees decision, respectively, will be final.

There will be no swim down facility apart from the allocated time in the sessions.

### **Appeals**

Any appeals must be submitted in accordance with Swim England procedures and will be handled by the Meet Promoter and Referees.

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**Saturday 16<sup>th</sup>, Sunday 17<sup>th</sup> July**

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**OFFICIALS APPLICATION FORM**

**Club Name:** .....

**Name:** .....

**Qualification (J1, J2 etc.):** .....

**License Number:** .....

**Email:** .....

**Sessions:**    **1**      **2**      **3**      **4**

**Name:** .....

**Qualification (J1, J2 etc.):** .....

**License Number:** .....

**Email:** .....

**Sessions:**    **1**      **2**      **3**      **4**

**Name:** .....

**Qualification (J1, J2 etc.):** .....

**License Number:** .....

**Email:** .....

**Sessions:**    **1**      **2**      **3**      **4**

**Name:** .....

**Qualification (J1, J2 etc.):** .....

**License Number:** .....

**Email:** .....

**Sessions:**    **1**      **2**      **3**      **4**

PLEASE COPY AS REQUIRED AND RETURN THIS FORM TO:

Bassetlaw Swim Squad, Retford Leisure Centre, Old Hall Drive, Retford, DN22 7EA

[headcoach@bassetlawswimsquad.org.uk](mailto:headcoach@bassetlawswimsquad.org.uk)

**PLEASE ENSURE THIS FORM IS SUBMITTED WITH YOUR CLUB ENTRY**

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**COACH / POOLSIDE APPLICATION FORM**

Coach / Poolside passes include poolside access, refreshments, programme and start lists.

DBS Numbers should be submitted with the application.

Please note only swimmers and persons with a poolside pass will be allowed on poolside. If clubs wish to have team managers on poolside they will be required to have a poolside pass. Please note there will be no exceptions.

Club Name:				
	Applicant #1	Applicant #2	Applicant #3	Applicant #4
Full Name:				
Position:	Coach / Team Manager	Coach / Team Manager	Coach / Team Manager	Coach / Team Manager
Address:				
Post Code:				
Tel:				
Email Address:				
ASA Number:				
DBS Number:				

PLEASE COPY IF ADDITIONAL PASSES ARE REQUIRED AND RETURN THIS FORM TO:  
Bassetlaw Swim Squad, Retford Leisure Centre, Old Hall Drive, Retford, DN22 7EA  
[headcoach@bassetlawswimsquad.org.uk](mailto:headcoach@bassetlawswimsquad.org.uk)

**PLEASE ENSURE THIS FORM IS SUBMITTED WITH YOUR CLUB ENTRY**



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First Name		Surname	
Male / Female	Club:	Phone Number	
DOB (dd/mm/yy)		ASA Reg. No	
Address			
Email			
Disability Exemption Code	S=	SB=	SM=
<b>Age on day (8<sup>th</sup> December 2021)</b>	<b>Yrs. old</b>		<b>£6.00 per event</b>
<b>Event</b>	<b>Time</b>	<b>Fee</b>	
50m Freestyle			
100m Freestyle			
200m Freestyle			
400m Freestyle			
50m Backstroke			
100m Backstroke			
200m Backstroke			
50m Breaststroke			
100m Breaststroke			
200m Breaststroke			
50m Butterfly			
100m Butterfly			
200m Butterfly			
<del>100m Individual Medley</del>			
200m Individual Medley			
400m Individual Medley			
Total @ £5.00 per event			
<b>Payment Method</b> (tick and complete):			
BACS Sort Code: 60-17-28 Acc. No.: 90257596 Ref: BASS21[surname] <input type="checkbox"/>			
Cheque (payable to Bassetlaw Swim Squad) <input type="checkbox"/>			Other: <input type="checkbox"/>
I hereby declare that the above particulars are correct and that I am an eligible competitor in accordance with the laws of Swim England and will abide by the conditions laid down by the promoters for this competition.			
Signature of Competitor:			Date:

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**CLUB SUMMARY ENTRY FORM**

Please return this completed form with your entries and send monies via BACs transfer to Bassetlaw Swim Squad, Sort Code: 60-17-28. Account Number: 90257596 Reference: BSS22INV

OR send a SINGLE cheque payable to Bassetlaw Swim Squad, and send to Bassetlaw Swim Squad, Retford Leisure Centre, Old Hall Drive, Retford, DN22 7EA

**CLOSING DATE FOR ENTRIES: 12noon Friday 15<sup>th</sup> November 2019**

Club Name:	
Contact Name:	
Postal Address:	
Email Address:	
Telephone No:	

Entry Details:

		No of Entries/ Passes	Cost
Male Entries	@ £5.00 per event		£
Female Entries	@ £5.00 per event		£
Relay Entries	@ £10.00 per event		£
Coaches Pass	@ FREE		£
		TOTAL	£

**Payment Method** (tick and complete): Cheque  BACs  Ref:

Other:

Checklist – By the Closing Date of 19<sup>th</sup> November, 2021 please ensure you have emailed:

Club Summary Entry Form  
form)  
Sportsys Meet Entry File

Sportsys Meet Entry Report  
Coach/Helper Forms  
Officials Forms

(BACs transfer)